

Friends International - Dundee

Smoked Mackerel Paté

Although not a traditional recipe, this combines traditional Scottish ingredients to make a fine paté to spread on your oatcakes.

Ingredients

3 smoked mackerel
1 oz butter
2 oz Caboc cheese from the Orkney Islands
chives
salt
pepper
lemon juice

Method

Remove all the bones from the mackerel – these will be arranged in straight lines, so, with patience, you can find them all.

Break up the mackerel into a large bowl.

Add the other ingredients and mash it all well until as smooth as possible.

Spread it on oatcakes.

Serve with salad.

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